



07 NOV. 2026

6^E EDITION



LA VENI VICI 2026 RULES

① – **The 6th edition of VENI VICI** is organized by YESWERUN with the support of the CAP OCEANS association on **Saturday, November 7, 2026**, between Uzès, the Pont du Gard, and Nîmes (Gard). The event is organized in partnership with the Gard Department, the Occitanie / Midi-Pyrénées Region, the cities of Nîmes and Uzès, as well as the Public Cultural Cooperation Establishment of the Pont du Gard, which will be the central site of the event.

② – **Six options are offered in the 6th edition of VENI VICI**

- **87 KM run** (Uzès > Pont du Gard > Nîmes) / **2250 D+**
- **52 KM run** (Pont du Gard > Nîmes) / **1470 D+**
- **33 KM run** (Uzès > Pont du Gard) / **715 D+**
- **Nordic walking 33 KM timed** (Uzès > Pont du Gard) / **715 D+**
- **18 KM run** (Pont du Gard > Pont du Gard) / **525 D+**
- **16 KM Hiking** (Pont du Gard > Pont du Gard) / **445 D+**

③ – **The distances offered will be open** on the day of the event only to participants with a bib number (runners & hikers), licensed or not, born:

- Before December 31, 2006, for the 87 KM runners.
- Before December 31, 2006, for the 52 KM runners.
- Before December 31, 2006, for the 33 KM runners and the 33 KM Nordic walking (timed).
- No later than December 31, 2008, for the 18 KM runners.
- No later than December 31, 2019, for the participants in the 16 KM hike (non-timed).

④ – **Registrations**

They are done exclusively online on the website in.njuko.com/lavenivici-2026

Registration will only be validated upon receipt of the complete application including:

- the duly completed online registration form,
- payment by credit card (the only accepted method of payment).

Any incomplete application at the close of registrations will be rejected. The organization disclaims all responsibility in case of false declaration, unauthorized bib exchange, or participation in the race/hike without a bib.

⑤ – **Conditions of participation**

For all adult participants in the RUN distances (87 / 52 / 33 / 18 KM) and timed Nordic walking (33 KM):

Since January 16, 2024, the French Athletics Federation has implemented the **Health Prevention Course (PPS)** for all adult participants not licensed for running competitions organized in France, replacing the medical certificate. This new measure applies to both French and foreign participants. In other words, the requirement to visit your doctor to be eligible to participate in a competition is over!

Since January 15, 2026, the Health Prevention Course (PPS) has evolved and is now called the **Health Prevention Pass**, which is paid (€5). It includes several services and its validity period has been extended to 1 year (instead of 3 months). Registered participants must log in to the dedicated web platform set up by the French Athletics Federation (FFA): pps.athle.fr and follow the different steps designed to raise awareness of the risks, precautions, and recommendations related to running, through educational content.

> **For adult participants affiliated with the FFA* or an accredited federation** :**

In their case, the PPS is directly integrated into their license. They will only need to fill in the « License » field on their online registration space when we invite them via email to do so.

* Valid Athlé Compétition, Athlé Entreprise, or Athlé Running license.

** French Federation of Adapted Sports (FFSA).

> **For participants in the 16 KM hike:**

No medical certificate is required, nor is there a PPS to fill out, as the route is not timed.

6 – Cancellation insurance

All participants can opt for cancellation insurance during their online registration. The organization does not offer any refunds in case of cancellation; only those who have taken out cancellation insurance at the time of registration can claim a refund. The BETICKETING insurance allows you to, under certain conditions defined by the insurer, be reimbursed 80% of the registration fees and additional paid services (excluding commission and service fees).

The refund request will be made through a dedicated interface, accessible via your insurance contract. You will be asked to provide a reason for your request and submit proof to validate the refund. No late declarations or requests outside the dedicated interface will be accepted. The general terms and conditions of the cancellation insurance are [available here](#).

7 – Individual accident insurance

The organizer strongly recommends that each participant personally take out an “individual accident” type insurance policy covering bodily injuries to which participants may be exposed during the event, in the absence of a liable third party.

The organizer therefore invites each participant to check with their insurance company (and/or, if they hold a license, with the insurance company of the Federation through which the license was issued) whether they benefit from appropriate coverage that could be activated in the event of a bodily accident occurring during the event. The organizer also invites each participant to take out additional guarantees, if deemed necessary, in order to benefit from better compensation in the event of an accident.

For reminder, individual accident insurance generally includes coverage of medical expenses, compensation in the event of disability or death, as well as coverage of search, rescue, and repatriation costs. It is also recalled that compensation under an “individual accident” policy is defined on a lump-sum basis, meaning that the guarantees taken out do not necessarily cover the full extent of the damage suffered.

8 – Event cancellation or postponement cases

If the VENI VICI cannot take place for reasons beyond our control – for example, a major weather event or a health crisis leading to the cancellation of public events – **no bibs will be refunded**.

Depending on when the event cancellation is announced, a partial refund or rescheduling of the registration may possibly be offered by the organization, without any obligation on their part.

9 – Bib collection (subject to changes)

It will take place:

- **Friday, November 6, 2026, from 9:00 am to 9:00 pm** at the Pont du Gard site on the left bank (free parking access).
- **Saturday, November 7, 2026, from 6:00 am to 3:00 pm** at the Pont du Gard site (paid parking access).

Attention: We strongly recommend picking up your bib on Friday, November 6, 2026, to avoid long queues and the stress of Saturday morning, as thousands of participants are expected.

10 – Start times for Saturday, November 7, 2026 (subject to changes)

- **7:30 am (staggered starts):** Start of the **87 KM race** (Uzès > Nîmes), with transportation for participants who wish to use shuttle buses (paid) from the arrival site (Nîmes) to the departure site (Uzès).
- **8:00 am (staggered starts):** Start of the **52 KM race** (Pont du Gard > Nîmes), with transportation for participants who wish to use shuttle buses (paid) from the arrival site (Pont du Gard) to the departure site (Uzès).
- **9:30 am (staggered starts):** Start of the **16 KM hiking** (loop Pont du Gard > Pont du Gard).
- **10:00 am (staggered starts):** Start of the **33 KM race** (Uzès > Pont du Gard) with transportation for participants who wish to use shuttle buses (paid) from the arrival site (Pont du Gard) to the departure site (Uzès).
- **12:15 am (staggered starts):** Start of the **33 KM Nordic Walking** (Uzès > POND du Gard), with transportation for participants who wish to use shuttle buses (paid) from the arrival site (Pont du Gard) to the departure site (Uzès).
- **2:00 pm (staggered starts):** Start of the **18 KM** (loop Pont du Gard > Pont du Gard).

1 1 – Parking and shuttle buses

Access to the (paid) parking lots at the Pont du Gard site will be available for participants on both banks of the Pont du Gard (Remoulins side and Vers-Pont-du-Gard side).

Free park-and-ride facilities will also be available for participants near the Pont du Gard site, with a free shuttle bus service.

Bus shuttles (paid but optional, available only through your online registration account and in limited quantities) are offered **exclusively to participants of the 87 KM / 52 KM / 33 KM / Nordic Walking 33 KM** between the different VENI VICI sites:

> For the 87 KM (RUN)

- Shuttle buses ONE-WAY Nîmes > Uzès (taking you to the race start on Saturday morning, about 1 hour 30 minutes before your start time) / €12

The shuttle departure for the 87 km will be near the Nîmes Arena (detailed information coming soon), heading to Uzès where the race will start. You will be able to stay sheltered until the last minute, as a bag drop will be specifically available for 87 km participants near the start line in Uzès.

Please note: there will be no return shuttle between Nîmes and Uzès after the race. If you are arriving by car, we recommend parking in Nîmes and taking the outbound shuttle to reach the start in Uzès on race morning.

> On the 52 KM (RUN)

- Shuttle buses ONE-WAY 52 km Nîmes > Pont du Gard (taking you to the race start on Saturday morning, about 1 hour 30 minutes before your start time) / €11

The shuttle departure for the 52 km will be near the Nîmes Arena (detailed information coming soon), heading to the Pont du Gard where the race will start. You will be able to stay sheltered until the last minute, as a bag drop will be specifically available for 52 km participants near the start line at the Pont du Gard.

Please note: there will be no return shuttle between Nîmes and the Pont du Gard after the race. If you are arriving by car, we recommend parking in Nîmes and taking the outbound shuttle to reach the start at the Pont du Gard on race morning.

> For the 33 KM (RUN)

- Shuttle buses ONE-WAY Pont du Gard > Uzès (taking you to the race start on Saturday morning, about 1 hour 30 minutes before your start time) / €6

The shuttle departure for the 33 km will be from the Pont du Gard left bank parking area (detailed information coming soon), heading to Uzès where the race will start. You will be able to stay sheltered until the last minute, as a bag drop will be specifically available for 33 km participants near the start line in Uzès.

Please note: there will be no return shuttle between the Pont du Gard and Uzès after the race. If you are arriving by car, we recommend parking at the Pont du Gard and taking the outbound shuttle to reach the start in Uzès on race morning.

> For the 33 KM Nordic walking

- Shuttle buses ONE-WAY Pont du Gard > Uzès (taking you to the race start on Saturday morning, about 1 hour 30 minutes before your start time) / €6

The shuttle departure for the 33 km Nordic walking event will be from the Pont du Gard left bank parking area (detailed information coming soon), heading to Uzès where the start will take place. You will be able to stay sheltered until the last minute, as a bag drop will be specifically available for participants of the 33 km Nordic walking event near the start line in Uzès.

Please note: there will be no return shuttle between the Pont du Gard and Uzès after the race. If you are arriving by car, we recommend parking at the Pont du Gard and taking the outbound shuttle to reach the start in Uzès on race morning.

1 2 – Bag check (free)*

They will be offered for all online races (different start and finish points):

> For the 87 KM:

Participants can bring their bag to the starting point in Uzès to stay dressed before their start. Bag drop-off will be near the starting line. They will retrieve their bag as soon as they cross the finish line in Nîmes. Note that the bag check is also available for 87 KM participants not taking the shuttle bus.

> For the 52 KM:

Participants can bring their bag to the starting point at Pont du Gard to stay dressed before their start. Bag drop-off will be near the starting line. They will retrieve their bag as soon as they cross the finish line in Nîmes. Note that the bag check is also available for 52 KM participants not taking the shuttle bus.

> On the 33 KM and the 33 KM Nordic walking:

Participants can bring their bag to the starting point in Uzès to stay dressed before their start. Bag drop-off will be near the starting line. They will retrieve their bag as soon as they cross the finish line at Pont du Gard. Note that the bag check is also available for 33 KM and 33 KM Nordic walking participants not taking the shuttle bus.

* Maximum accepted bag size is 55 x 35 x 25 cm (airline carry-on size).

1 3 – Mandatory equipment and elimination barriers

• **87 KM (Uzès > Pont du Gard > Nîmes):** The long course is run in semi-autonomy. Six to six aid stations will be provided along the route, as well as a complete solid and liquid refreshment at the finish (in Nîmes). Seven cut-off times (eliminary) will be implemented based on an average speed of 5.5 km/h at the exit of the following aid stations: Argilliers at km 13.98 (maximum race time: 02:32:31), Castillon du Gard at km 26.43 (maximum race time: 04:48:20), Saint-Bonnet-du-Gard at km 40.25 (maximum race time: 07:19:05), Lédenon at km 54.09 (maximum race time: 09:50:04), Cabrières at km 61.69 (maximum race time: 11:12:59), Escattes Aventures at km 73.81 (maximum race time: 13:25:12), finish in Nîmes at km 87.86 (maximum race time: 15:58:28). The following equipment is required for runners in the long format: mobile phone, a minimum of 50cl water reserve, survival blanket, headlamp, whistle, energy bars and/or gels, running shoes (preferably trail), personal cup or flask for access to aid stations along the route and at the finish. The organizers reserve the right to refuse the start to any competitor not carrying this equipment (**no cups will be provided**).

• **52 KM (Pont du Gard > Nîmes):** The course is also run in semi-autonomy. Three aid stations will be provided along the route, as well as a complete solid and liquid refreshment at the finish in Nîmes. Four cut-off times (eliminary) will be implemented based on an average speed of 5 km/h at the exit of the following aid stations: Lédenon at km 18.82 (maximum race time: 03:45:50), Cabrières at km 26.42 (maximum race time: 05:17:02), Escattes Aventures at km 38.54 (maximum race time: 07:42:29), finish in Nîmes at km 52.59 (maximum race time: 10:31:05). The same mandatory equipment as for the 87 KM runners is required for all participants (**no cups will be provided**).

• **33 KM (Uzès > Pont du Gard):** The course is also run in semi-autonomy. Two aid station will be provided (in Argilliers), as well as a complete solid and liquid refreshment at the finish (at Pont du Gard). Three cut-off times (eliminary) will be implemented based on an average speed of 5.4 km/h at the exit of the following aid stations: Argilliers at km 13.98 (maximum race time: 02:35:20), Castillon du Gard at km 26.43 (maximum race time: 04:53:40), finish at the Pont du Gard at km 33.35 (maximum race time: 06:10:35). The same mandatory equipment as for the 87 KM runners is required for participants, except for the headlamp. (**no cups will be provided**).

• **33 KM Nordic Walking (Uzès > Pont du Gard):** The course is also run in semi-autonomy. Two aid station will be provided, as well as a complete solid and liquid refreshment at the finish (at Pont du Gard). Three cut-off times (eliminary) will be implemented based on an average speed of 4.2 km/h at the exit of the following aid stations: Argilliers at km 13.98 (maximum race time: 03:19:43), Castillon du Gard at km 26.43 (maximum race time: 06:17:34), finish at the Pont du Gard at km 33.35 (maximum race time: 08:06:26). The same mandatory equipment as for the 87 KM runners is required for participants, except for the headlamp (recommended for participants in the Nordic walking event). (**no cups will be provided**).

• **18 KM (Pont du Gard > Pont du Gard):** On the short course participants will have two aid station halfway through, as well as a complete refreshment (solid + liquid) at the finish. Three cut-off times (eliminary) will be implemented based on an average speed of 4.7 km/h at the exit of the following aid stations: Saint-Bonnet-du-Gard at km 6.41 (maximum race time: 01:21:50), Pampa at km 13.28 (maximum race time: 02:49:32), finish at the Pont du Gard at km 18.55 (maximum race time: 03:57:02). No mandatory equipment (**no cups will be provided**).

• **Rando 16 KM (Pont du Gard > Pont du Gard):** Participants will have two aid stations point at the halfway mark, as well as a full refreshment station (solid + liquid) at the finish. Three cut-off times (eliminary) will be implemented based on an average speed of 2.5 km/h at the exit of the following aid stations: Saint-Bonnet-du-Gard at km 6.41 (maximum race time: 02:22:19), Pampa at km 13.28 (maximum race time: 05:07:12), finish at the Pont du Gard at km 18.55 (maximum race time: 06:41:31). No mandatory equipment (**no cups will be provided**).

1 4 – Participant tracking

> All timed courses will be tracked with LiveTrail (including multiple intermediate checkpoints).

1 5 – During the races & hike

Each participant must wear the VENI VICI bib at the front (on the chest or shorts/tights) for safety and smooth event operation reasons (the bib number must be constantly visible), failing which may result in disqualification.

Participants without a bib (runners as well as hikers), animals, and vehicles (motorized or not) are strictly prohibited on the routes, except those of the organization. Access to refreshment areas set up by the organization is not allowed for supporters and followers. Each participant solemnly pledges not to anticipate the start and to complete the full distance before crossing the finish line.

1 6 – Participants commit to respecting the environment, particularly by:

- keeping with them the packaging of energy gels and bars and disposing of them in the containers provided by the organization along the routes and at the start-finish areas.
- following the route without intentionally cutting the course.

Similarly, some sections in protected areas near the Pont du Gard site have restrictions on overtaking. Please respect the signs and instructions from the volunteers. Any violation of these rules may result in the disqualification of a participant (both runners and hikers).

1 7 – The organizers reserve the right to change the routes or the distance at any time if conditions require it (weather, permissions...).

1 8 – Safety during the races

A medical team (paramedics + emergency doctors) will be present on the day of the event. The security setup will be supplemented by the presence of municipal police and gendarmerie crews, radio operators at strategic points along the routes, as well as identifiable marshals on the field wearing a "Super Volunteer" badge throughout the event.

1 9 – Awards

- For the running events (87 KM, 52 KM, 33 KM, and 18 KM), awards will be given to both men and women:
 - the top 3 overall finishers,
 - the 1st in each age category (-20 years / -30 years / -40 years / -50 years / -60 years / -70 years / +70 years). No accumulation of awards.
- For the 33 KM Nordic walking event, awards will be given to: the top 3 men & the top 3 women,
- No ranking or prize distribution for participants in the 16 KM hike (non-timed).
- The award ceremony will take place in two parts:
 - **Saturday, November 7, 2026, at 5:30 pm** (*time subject to change*) at the Pont du Gard site (right bank - Remoulins) for the 33 KM, the Nordic walking 33 KM and the 18 KM.
 - **Saturday, November 7, 2026, at 8:00 pm** (*time subject to change*) in Nîmes for the 87 KM and the 52 KM.

2 0 – Participant's Responsibility

Each participant takes part in VENI VICI at their own sole and exclusive personal responsibility.

Any registered participant transferring their bib to a third party remains solely responsible for any damages suffered or caused by this individual during the race. The organization disclaims all liability in such situations and reserves the right to remove the person from the rankings if participating under a false identity.

It is the responsibility of each participant to ensure the preservation of their personal belongings. The organization disclaims all liability in case of loss, theft, or damage to these items.

2 1 – VENI VICI is a walking event like nature races & trail runs (including timed Nordic walking). The routes will be marked with directional signs supplemented by ground markings and tape, including for the hike. Participants are considered to be on a personal excursion and are required to respect the highway code.

On sections of the route using public roads, each participant must comply with the highway code, run on sidewalks or in lanes set up by the organization, and follow the instructions of the marshals and municipal police teams present at intersections. They will be solely responsible for any failure to adhere to these rules.

2 2 – Organizer's Liability

The organizer YESWERUN is covered by civil liability insurance for organizers in accordance with current legislation and has provided proof of its validity to the prefectural services by submitting a certificate at the time of the administrative authorization request. This insurance does not cover damages suffered or caused by runners outside of any responsibility of the organizers.

Runners expressly waive any claims against the organization. We strongly recommend that all runners without personal insurance covering their bodily injuries, especially those not affiliated with a sports federation, take out Individual Accident insurance for their participation in the event.

The organization offers you the opportunity to take out insurance provided by our partner ASSUR CONNECT, specially designed for you. Discover [details and subscribe to the offer](#) here. This insurance notably covers repatriation assistance and medical expenses for EU resident nationals.

2 3 – Any accident or incident must be reported to the race control center (number displayed on the bib), and it is clearly stated that participants must provide aid and assistance. In case of withdrawal, each participant is asked to declare their withdrawal via the LiveTrail app (which must be downloaded in advance), or by calling the race control center (number indicated on the bib).

2 4 – Use of Image & Personal Data. By registering for VENI VICI, each participant expressly authorizes the organizer, its members, and its rights holders, such as partners and media, to use directly or in derivative form the still or audiovisual images taken on this occasion on which they may appear. This includes all media, including promotional and advertising materials, worldwide and for the longest duration permitted by current and future laws, regulations, practices, and international conventions, implicitly waiving any claim for compensation or indemnity. The organization informs participants that their contact details may be shared with partner companies or associations, provided they have given their consent, and that as a result, they may receive offers from these entities.

2 5 – Right to Access Personal Data. Under the "Informatique et Libertés" (Data Protection) law of January 6, 1978, any registered individual may exercise their right to access, correct, and object to their personal data held by the organization by sending an email to info@lavenivici.com. Personal data provided by participants is intended for YESWERUN, responsible for processing the information provided. This data is used for registration processing. Participants may receive emails about the event they are registered for, as well as other sports events organized by YESWERUN. They may also receive information from event partner companies, only if they have given permission at the time of their online registration. It is possible to unsubscribe from YESWERUN newsletters at any time.

2 6 – Acceptance of the Rules. Each participant acknowledges having read the current rules and accepts all its clauses.