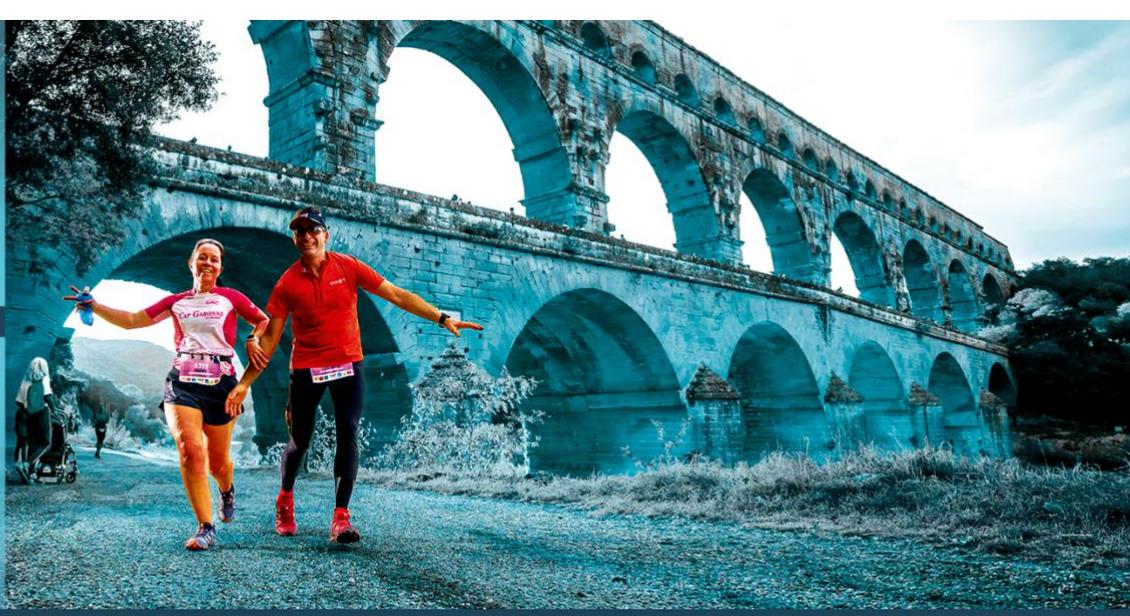


11
NOVEMBRE
2023

3^e ÉDITION

VENI
VICI



LA VENI VICI 2023 REGULATIONS

① – **The 3rd edition of la VENI VICI** is co-organized by the YESWERUN company and the DENIM RUNNING association on **Saturday, November 11, 2023**, between Nîmes, Pont du Gard, and Uzès (Gard), in partnership with the Department of Gard, the Occitanie Region, the cities of Nîmes and Uzès, as well as the Public Establishment of Cultural Cooperation of the Pont du Gard, which will be the central site of the event.

② – **Six options are available for the 3rd edition of la VENI VICI :**

- **72 KM run** (Nîmes > Pont du Gard > Uzès) / **1850 M+**
- **44 KM run** (Nîmes > Pont du Gard) / **1200 M+**
- **27 KM run** (Pont du Gard > Uzès) / **640 M+**
- **Timed Nordic walking 27 KM** (Pont du Gard > Uzès) / **640 M+**
- **13 KM run** (Pont du Gard > Pont du Gard) / **440 M+**
- **13 KM walk** (Pont du Gard > Pont du Gard) / **440 M+**

③ – **The proposed distances will be open** on the day of the event only to participants with a bib number (runners & hikers), licensed or not, born:

- before December 31, 2004, for the 72 km runners.
- before December 31, 2004, for the 44 km runners.
- before December 31, 2005, for the 27 km runners and the timed Nordic walking 27 km.
- before December 31, 2008, for the 13 km runners,
- before December 31, 2016, for the participants in the 13 km walk (not timed).

④ – **Registrations**

Registrations can only be made on the website www.njuko.net/lavenivici-2023

Registration will be validated only upon receipt of the complete file including:

- the completed online registration form,
- the payment by credit card (the only accepted payment method).

Any incomplete file at the closing of the registrations will be rejected. The organization declines all responsibility in case of false declaration, exchange of an unvalidated bib number or participation in the run/walk without a bib number.

⑤ – **Medical certificate and license**

For all RUN distances (13 / 27 / 44 / 72 km):

> **A medical certificate is required for all adult runners** (18 years or older on the day of the event) to be able to receive their bib number. Foreign athletes, even licensed by an IAAF-affiliated federation, must provide a medical certificate in French (or accompanied by a French translation if written in another language) for the practice of sport or running or competitive athletics (the latter mention is essential), dated less than one year on the day of the event.

> **For minor runners registered for the 13 km RUN** (under 18 years old on the day of the event), a medical certificate is no longer mandatory. It is replaced by a health questionnaire available [here](#). The minor participant will be required to provide a medical certificate attesting to the absence of any contraindication to practicing sports or running, dated less than six months ago, only if he or she answers "yes" to at least one question on the questionnaire.

> **Participants in the Nordic walking race (27 km)** must provide a medical certificate dated less than one year from the day of the event, stating the ability to practice hiking, Nordic walking or competitive sports. Any other term is not legally valid and will not allow the medical certificate to be validated by the organization.

> **Participants in the hike (13 km)** do not need to provide any medical justification, as the course is not timed.

6 – Cancellation insurance

By subscribing to the cancellation guarantee offered by "BETicketing" just before validating their online registration, participants can grant themselves the right to cancel their participation and be reimbursed under certain conditions up to 80% of the value of their bib until 72 hours after the event. Tuesday, November 14, 2023 at 11:59:59 pm.

Please note that it is not possible to subscribe to the cancellation insurance once registered. The general terms and conditions of sale of the cancellation insurance are [available here](#).

7 – Event cancellation or postponement

In the event that la VENI VICI cannot take place on Saturday, November 11th, 2023, for any reason beyond our control. For example, in the event of a major resurgence of the Covid-19 health crisis leading to a new cancellation of all public events in France, **no bib will be lost**:

- Registration will be automatically transferred to the 2024 edition (mid-November).

- In this case, people who wish to do so may also request the transfer of their registration to the 2025 edition by email to info@lavenivici.com, within one month of the cancellation of the event.

- A full or partial refund of the registration fee may also be offered by the organizer in addition to the aforementioned options, depending on the date on which the event cancellation is announced.

8 – Health Measures

The organization of la VENI VICI event will be subject to health measures in force (if any) at the time of the event. All registered individuals must accept and comply with them, even if no measures were in force at the time of their registration.

9 – Bib pick-up (subject to changes)

It will take place:

- **Friday, November 10th, 2023 from 9 a.m. to 8 p.m.** at the Pont du Gard site on the right bank (free parking access).

- **Saturday, November 11th, 2023 from 6 a.m. to 2 p.m.** at the Pont du Gard site (paid parking access).

Please note: we highly recommend picking up your bib on Friday, November 10th, 2023, to avoid long waiting times and stress on Saturday morning, as several thousand participants are expected.

1 0 – Start Times – Saturday, November 11th, 2023 (subject to changes)

- **8:30 a.m. (start by waves or group):** start of the **72 km** (Nîmes > Uzès) with transportation of participants who wish to do so by bus shuttles from Uzès (arrival city).

- **9:00 a.m. (start by waves):** start of the **13 km** (Pont du Gard loop > Pont du Gard).

- **9:30 a.m. (start by waves or group):** start of the **44 km** (Nîmes > Pont du Gard) with transportation of participants who wish to do so by bus shuttles from the Pont du Gard (arrival site).

- **10:00 a.m. (start by waves):** start of the **Rando 13 km** (Pont du Gard loop > Pont du Gard).

- **1:00 p.m. (start by waves or group):** start of the **Nordic walk 27 km** (Pont du Gard > Uzès) with transportation of participants who wish to do so by bus shuttles from Uzès (arrival city).

- **2:30 p.m. (start by waves):** start of the **27 km** (Pont du Gard > Uzès) with transportation of participants who wish to do so by bus shuttles from Uzès (arrival city).

1 1 – Parking and bus shuttles

Access to the paid parking lots on the site of the Pont du Gard will be possible for participants on both sides of the Pont du Gard (Remoulins and Vers-Pont-du-Gard).

Paid bus shuttles (not mandatory, but must be paid during online registration) are available to participants who wish to use them:

> For the 72 KM (RUN)

- **Uzès > Nîmes shuttle (to get to the starting point) / 9€**

*The shuttle departure for the 72 KM will take place at the **Parking du Refuge (Arènes)** in Uzès, a few hundred meters from the finish line. **Shuttles depart on Saturday morning, between 6:30 a.m. and 6:45 a.m.**, heading to the **Jardins de la Fontaine** in Nîmes, where the 72 KM race will start at 8:30 a.m. Participants of the 72 KM starting in Nîmes will be able to stay covered until the last minute, as a bag check area is specifically provided for them.*

Note: there will be no return shuttle between Uzès and Nîmes after the race. It is recommended to park in Uzès and take the shuttle to the starting point in Nîmes on the morning of the race.

> For the 44 KM (RUN)

- **Pont du Gard > Nîmes shuttle (to get to the starting point) / 9€**

The shuttle departure for the 44 KM will take place in the parking lot on the right bank of the Pont du Gard (Remoulins side). **Shuttles depart on Saturday morning between 7:30 a.m. and 7:45 a.m.**, heading to the Jardins de la Fontaine in Nîmes, where the 44 KM race will start at 9:30 a.m. Participants of the 72 KM starting in Nîmes will be able to stay covered until the last minute, as a bag check area is specifically provided for them.

- or **Uzès > Nîmes shuttle (to get to the starting point) / 9€**

Participants in the 44 KM race who wish to go directly to the starting point in Nîmes from Uzès are allowed to use the bus shuttle provided for the 72 KM runners on Saturday morning. The only constraint is that you will have to wake up a little earlier. **Shuttles depart on Saturday morning between 6:30 a.m. and 6:45 a.m.** from [the Parking du Refuge \(Arènes\) in Uzès](#), heading to the Jardins de la Fontaine in Nîmes, where the 44 KM race will start at 9:30 a.m. You can stay covered until the last minute, as a bag drop service is specifically provided for 44 KM participants in Nîmes.

Note : there will be no return shuttle from Pont du Gard to Nîmes after the race. It is therefore recommended to park at Pont du Gard and take the shuttle to the starting point in Nîmes on the morning of the race.

> For the 27 KM NORDIC WALK

- **Uzès > Pont du Gard shuttle (to get to the starting point) / 5€**

The shuttle departure for the 27 KM Nordic walk will take place at [the Parking du Refuge \(Arènes\) in Uzès](#), a few hundred meters from the finish line. **Shuttles depart on Saturday morning between 10:45 a.m. and 11:00 a.m.**, heading to the Pont du Gard site, where you will start at 1:00 p.m. Participants of the 27 KM NORDIC WALKING starting in Le Pont du Gard will be able to stay covered until the last minute, as a bag check area is specifically provided for them.

- **Uzès > Pont du Gard shuttle (return) / 5€**

Return shuttles to Pont du Gard are also available, with continuous shuttle service in rotation on Saturday from 5:00 p.m. to 10:30 p.m. Shuttles depart from [the Parking du Refuge \(Arènes\) in Uzès](#). Arrival at the right bank bus parking of the Pont du Gard.

> For the 27 KM (RUN)

- **Uzès > Pont du Gard shuttle (to get to the starting point) / 5€**

The shuttle departure for the 27 KM race will take place at [the Parking du Refuge \(Arènes\) in Uzès](#), a few hundred meters from the finish line. **Shuttles depart on Saturday morning between 12:15 a.m. and 12:30 a.m.**, heading to the Pont du Gard site, where you will start at 14:30 p.m. Participants of the 27 KM race starting in Le Pont du Gard will be able to stay covered until the last minute, as a bag check area is specifically provided for them.

- **Uzès > Pont du Gard shuttle (return) / 5€**

Return shuttles to Pont du Gard are also available, with continuous shuttle service in rotation on Saturday from 5:00 p.m. to 10:30 p.m. Shuttles depart from [the Parking du Refuge \(Arènes\) in Uzès](#). Arrival at the right bank bus parking of the Pont du Gard.

1 2 – Baggage instructions (free)*

These instructions will be provided on all online courses:

> On the 72 KM:

Participants can bring their bags to the start in Nîmes to stay dressed before taking off. The deposit of their bag will take place at the main entrance of the Jardins de la Fontaine. They will find their bag as soon as they cross the finish line in Uzès. Note that the baggage claim is also open to participants of the 72 km who do not take the shuttle bus.

> On the 44 KM:

Participants can bring their bags to the start in Nîmes to stay dressed before taking off. The deposit of their bag will take place at the main entrance of the Jardins de la Fontaine. They will find their bag as soon as they cross the finish line at the Pont du Gard site. Note that the baggage claim is also open to participants of the 44 km who do not take the shuttle bus.

> On the 27 KM race and the 27 KM Nordic walking:

Participants can bring their bags to the start at the Pont du Gard to stay dressed before taking off. The deposit of their bag will take place in the bus parking lot on the right bank (Remoulins side) at the Pont du Gard site. They will find their bag as soon as they cross the finish line in Uzès.

*Maximum size accepted for bags 55 x 35 x 25 cm (airplane cabin suitcase).

1 3 – Mandatory equipment and elimination barriers

• **72 KM (Nîmes > Pont du Gard > Uzès) :** the long circuit is run in semi-autonomy. Four refreshment points will be provided along the course (approximately every 15 km), as well as a complete food and beverage refreshment point at the finish (in Uzès). Two time barriers (elimination) will be put in place at the Pont du Gard (km 44.4) and the Argilliers

refreshment point (km 58.3) based on an average speed of 5.4 km/h. This means an effective maximum race time of 8h13 at the Pont du Gard (refreshment point) and 10h48 in Lédénon (refreshment point).

The following equipment is required for both solo runners and relay runners on the long format: a reserve of at least 50 cl of water, survival blanket, headlamp, whistle, energy bars and/or gels, running shoes (preferably trail shoes), a personal cup or flask to access refreshments on the course and at the finish line. The organizers reserve the right to refuse departure to any competitor not equipped with this gear (**no cups will be distributed**).

- **44 KM (Nîmes > Pont du Gard):** the course is also run in semi-autonomy. Two refreshment points will be provided at approximately the 15th and 30th km, as well as a complete solid and liquid refreshment point at the finish (at the Pont du Gard site). A time barrier (elimination) will be put in place at the Lédénon refreshment point (km 29.1) based on an average speed of 5.1 km/h. This means an effective maximum race time of 5h43 at Lédénon (refreshment point 2). The same mandatory equipment as for 72 KM runners is required for participants (**no cups will be distributed**).

- **27 KM run race + 27 KM Nordic walking (Pont du Gard > Uzès) :** the route is also done in semi-autonomy. A complete supply will be provided (at Argilliers after 13.8 km), as well as a complete solid and liquid supply at the finish in Uzès. No time limit. The same mandatory equipment as for the 72 KM runners is imposed on the participants, including a headlamp (**no cups will be distributed**).

- **13 KM (Pont du Gard > Pont du Gard):** on the short course, participants will have a refreshment halfway through, as well as a complete supply (solid + liquid) at the finish. No mandatory equipment (note: **no cups will be distributed**).

- **Rando 13 km:** no mandatory equipment (note: **no cups will be distributed**). However, a water reserve is strongly recommended due to the distance. Participants will be entitled to a refreshment halfway through, as well as a complete supply (solid + liquid) at the finish.

> **All timed courses will be tracked using LiveTrail** (with several intermediate checkpoint points) here:

<https://lavenivici.livetrail.net/>

1 4 – During the races & hiking

Participants without bibs (both runners and hikers), animals, and vehicles (motorized or not) are strictly prohibited on the trails, except for those designated by the organizers. Accompanying and following individuals are not allowed, and any unauthorized supply stations may result in disqualification of the concerned participants. Each participant commits to not starting early and to complete the entire distance before crossing the finish line.

1 5 – Participants commit to respecting the environment, including by:

- keeping with them the packaging of energy gels and bars and depositing them in the containers set up by the organizers on the routes and at the start-finish areas.
- following the designated route without cutting corners. Similarly, some passages through protected areas near the Pont du Gard site have restrictions on overtaking. Please respect the signage and instructions of the volunteers. Any violation of these rules may result in disqualification of a competitor (both runners and hikers).

1 6 – **The organizers reserve the right to change the routes or distances** at any time if conditions require it (weather, authorizations...).

1 7 – Safety during the races

A medical service (paramedics + emergency doctors) will be present on the day of the event. The security setup will be complemented by the presence of municipal police crews and radio-signaling teams at strategic points along the routes and complemented by the presence of marshals on the ground throughout the event.

1 8 – Rewards

- On the running events (72 km, 44 km, 27 km and 13 km), the following will be rewarded for both men and women:
 - the first 3 in the overall ranking,
 - the first in each age category (-20 years / -30 years / -40 years / -50 years / -60 years / -70 years / +70 years). No cumulation of rewards.
- On the 27 km nordic walking event, the top 3 men and women will be rewarded.
- There will be no ranking or prize giving for the participants in the 13 km hike (not timed).

• The prize giving will take place in two stages:

- **Saturday, November 12, 2022 at 4:00 p.m.** on the Site du Pont du Gard (right bank - Remoulins) for the 44 KM and the 13 KM.
- **Saturday, November 12, 2022 at 7:00 p.m.** in Uzès for the 72 KM, the 27 KM, and the 27 KM nordic walking event.

1 9 – Participants' responsibility

Each participant takes part to la VENI VICI under their own and exclusive responsibility. The bib number, placed in front of the participant during the race or gourmet walk, must be fully legible, failing which disqualification may occur. Any

registered participant who transfers their bib number to a third party remains solely responsible in the event of any damage suffered or caused by that third party during the race, with the organization being released from all liability in such a situation.

It is the responsibility of each participant to ensure the preservation of their personal belongings. The organizers decline all responsibility in the event of loss, theft or damage suffered by these belongings.

2 0 – La VENI VICI is a pedestrian event similar to nature & trail running races (including timed Nordic walking).

The courses will be marked with directional signs, completed by ground markings and ribbons, including for hiking. Participants are considered to be on a personal excursion and are required to comply with the Highway Code.

On parts of the course that use public roads, each participant must comply with the Highway Code, run on sidewalks or in lanes arranged by the organization, and follow the instructions of the signalers and municipal police teams present at intersections. The participant will be solely responsible for any failure to comply with these rules.

2 1 – Organizers' responsibility

The organizers YESWERUN & DENIM RUNNING are covered by civil liability insurance for organizers in accordance with applicable law and have provided proof of its validity to the prefectural services by submitting a certificate at the time of the administrative authorization request. This insurance does not cover individual risks of runners, who expressly waive any claims against the organizers.

We strongly recommend that participants who do not have personal insurance covering their bodily injuries take out an Individual Accident policy as part of their participation in the event.

2 2 – Any withdrawal, accident or incident must be reported to the race control center (number of the bib), and it is clearly stated that participants must provide assistance and help. In case of withdrawal, the bib must be returned to the organizers.

2 3 – Use of image and personal data. By registering for la VENI VICI, each participant expressly authorizes the organizer, its members, as well as its rights holders, such as partners and media, to directly or indirectly exploit fixed or audiovisual images taken on this occasion on which they may appear, on all media, including promotional and advertising documents, worldwide and for the longest duration provided for by current and future laws, regulations, practices and international conventions, implicitly waiving any request for remuneration or compensation. The organization informs competitors that their contact information may be communicated to partner companies or associations provided they have given their consent, and that they may receive offers from these companies as a result.

2 4 – Right of access to personal data. In accordance with the "Information Technology and Liberties" law of January 6, 1978, as amended, any registered participant may exercise his or her right of access, rectification and opposition to personal data concerning him or her by sending an email to info@lavenivici.com

The personal data communicated by the participants are intended for the company YESWERUN, which is responsible for processing the information provided. This data is used for the processing of registrations. Participants may receive information by email regarding the event for which they are registered as well as other sports events organized by YESWERUN. They may also receive information from partner companies of the event, only if they have given authorization at the time of their online registration. It is possible to unsubscribe from YESWERUN's newsletters at any time.

2 5 – Acceptance of the regulations. Each participant acknowledges having read the present regulations and accepting all clauses.